



SAINT ANTHONY ORTHODOX CHURCH

Antiochian Orthodox Christian Archdiocese
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SUNDAY OF FORGIVENESS (“Cheesefare”) 4 February 2018

TONE 4—The Expulsion of Adam and Eve from Paradise — Leo the Great, pope of Rome; Agapitos the Confessor, bishop of Synnada in Phrygia; Venerable Colman, bishop of Lindisfarne

FIRST ANTIPHON

It is good to give praise unto the Lord, and to chant unto Thy Name, O Most High! Refrain: Through the intercessions of the Theotokos, O Savior, save us! *To proclaim in the morning Thy mercy, and Thy truth by night! (R.:) Upright is the Lord our God, there is no unrighteousness in Him (R.:) Glory... Now and ever... (R.:)*

SECOND ANTIPHON

The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girt Himself! Refrain: Save us, O Son of God, Who art risen from the dead, as we chant to Thee, “Alleluia”! *For He established the world which shall not be shaken! (R.:) Holiness befits Thy house, O Lord, unto length of days! (R.:) Glory... Now and ever... (Only begotten ...)*

AT THE LITTLE ENTRANCE

Come, let us worship and fall down before Christ! O Son of God, Who art risen from the dead, save us who sing to Thee: “Alleluia”!

TROPARION OF THE RESURRECTION (Tone 4): Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world great mercy.

TROPARION OF SAINT ANTHONY (Tone 4, Russian): Like the zealous Elijah thou didst become, and followed John the Baptist in his upright ways. A dweller in the wilderness, thou didst steady the world by prayer. O Father Anthony, intercede with Christ our God for our souls’ salvation.

KONTAKION FOR FORGIVENESS SUNDAY (Tone 6): O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

TODAY'S APOSTLE READING

*Prokeimenon: Sing praises to our God, sing praises; sing praises to our king, sing praises!
Clap your hands, all you nations!*

The Reading is from the Epistle of Saint Paul to the Romans

(Rom 13:11-14:4) **Brethren: salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinion. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.**

It is no accident that the Church decided on the public reading of this passage on the day we are starting our long Lenten journey. As he does elsewhere (Ephesians 6), Saint Paul uses the metaphor of **“putting on the armor of light.”** We are reminded that Christianity is not easy, that it requires discipline and constant vigilance. Just as when joining the army, we are to cut out drunkenness, debauchery, quarreling, jealousy—anything that gets in the way of our mission.

Much more important than anything we might do or not do during Lent, however, is our relationship with our neighbor. The Apostle is quite explicit: **Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats.** It is very easy to notice the (real!) imperfections of the other person. Yet, as we learn from today's Gospel, fasting is between each person and God, not “so that others see it.” As such, nobody has any kind of right to judge what another does. After all, Saint Paul explains by using an example from ancient society, you would not think of interfering between a master and his servant; so also, then, you are not to interfere between God and his servants: **Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls.** Whatever we think we might “achieve” through fasting and praying must grow out of humility, and lead to increased humility: *God* is the Lord, we are not; *God* judges, we do not; our assignment for now is simply to entrust ourselves to Him, asking Him to heal our many infirmities.

As we start our seven-week marathon of Lent, let us take to heart this call to humility. Let us find hope, as we anticipate the joy of the Resurrection: **“salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand”**; and let us be encouraged, knowing that in this fight each one of us **“will be upheld, for God is able to make us stand.”**

TODAY'S GOSPEL READING

The Reading is from the Holy Gospel according to Matthew

(Mat 6:14-21) **If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who sees in secret; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moths and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes, and where thieves do not break in and steal. For where your treasure is, there will your heart be also.**

This is the last “pep talk” we receive before entering the spiritual battle of Great Lent. Our commander-in-chief, the “Lord Sabaoth” (that is, Lord of angelic hosts or armies) gives us clear, practical advice about those things where the struggle of Lent will be hardest: a call to forgiveness and humility, a warning against self-righteousness, and something about the point of it all.

First, *forgiveness*. The Lord does not mince words: if we don't forgive others, we are preventing God from forgiving us. Just as in the Lord's Prayer, God will forgive our trespasses “as we forgive those who trespass against us.” What if we don't forgive? Then we are already getting a foretaste of hell, the torment of refusing to meet God by refusing to seek the face of our brother. True, forgiving is often not as easily done as it is said; it can be a hard and long process, because soul injuries don't heal overnight. Perhaps, then, we should start by reminding us of God's graciousness towards us: He is the first one who set in motion the gift of forgiveness, a gift that keeps growing in us if we share it with others. We can also remind ourselves of the abundance of joy and beauty He has in store for us. At the beginning of Lent, Christ pleads with us to let go and forgive, so that we can move on from death, and receive the wealth and glory of being children of the Resurrection.

Finally, the Lord reminds us of the purpose of this entire enterprise. Why forgive? Why keep the Fast? Why do battle with ourselves? The Lord gives us the following answer: **Lay up for yourselves treasures in heaven ... for where your treasure is, there will your heart be also.** We remember these words every time we celebrate the Liturgy, when the priest raises his hands as says, “Lift up your hearts!,” to which the congregation responds, “We lift them up unto the Lord!” In short, the point of it all, the horizon we are looking at is “heaven.” Not some sort of ethereal pie in the sky, not some other place, but “heaven” in the sense of God's dwelling-place here and now. And where is that “heaven” where God dwells? We say it at the beginning of each prayer, private and public: “you are everywhere present and you fill all things ... *come and dwell in us!*”

The point of it all, then, is to grow in the experience of God dwelling in us even here and now; to train ourselves—our hearts—to make room for the gentle Spirit of God, rising like incense in us and making all the treasures of grace abound in us; to grow in our ability to taste the Resurrection even in our mortal life.

In truth, this is a never-ending journey; but unless we start right here and right now, it will never happen to us. Let us then stand upright and be counted as fellow-travelers with all the saints and with our brothers and sisters in all the world, let us journey to the Resurrection.

ANNOUNCEMENTS

- HOUSE BLESSINGS – Father Bogdan is available to come on Saturday or Sunday afternoon/evening.
- **Today:** memorial for Iosif (Cristina's father). Vespers of Forgiveness, 1 PM!

NEXT WEEK: all Lenten services are at St. Andrew's (OCA)

Monday-Thursday, 5:30 pm: Compline and Great Canon of Saint Andrew of Crete

Friday, 5:30 pm: Liturgy of Presanctified Gifts

- **From the Treasurer:** January receipts 2,849; disbursements 3,137; deficit 288.

2018 SCHEDULE OF PAN-ORTHODOX LENTEN SERVICES

Monday-Thursday (2/ 19-22), 5:30 pm: Compline and Great Canon of Saint Andrew of Crete

- **Friday, February 23, 5:30 pm:** Liturgy of Presanctified Gifts (Saint Andrew's)
- **Wednesday, Feb. 28, 6 pm:** Liturgy of Presanctified Gifts (St Anthony's)
- **Wednesday, March 7, 6pm:** Liturgy of Presanctified Gifts (Saints Peter and Paul)
- **Wednesday, March 14, 5:30 pm:** Liturgy of Presanctified Gifts (Saint Andrew's)
- **Wednesday, March 21, 6 pm:** Liturgy of Presanctified Gifts (Saints Peter and Paul)
- **Wednesday, March 28, 6 pm:** Liturgy of Presanctified Gifts (Saint Anthony's)

As is customary, each Liturgy of Presanctified Gifts will be followed by a Lenten potluck meal.

Remember in your prayers

LIVING: Sula; Ion, Marius & Katherine; Fr. Anthony Yazge; Norma; Richard (Johns); Christine (Abraham); Daniel (Sipos); Venetia (Chrissi's mom); Kent (Jean's husband); Barbara (Dollie's daughter); Maura; Christi, Janet, Ann; John and Mary Ann (Jean's relatives); Stelian (Cezar's father); Ed, Peter, John, Jonathan and Joanna; Andrei; John, Janet, Christy (relatives of Jean); Dennis, Vincent, Roy and Laura, Danny, Cathy (relatives of John and Julie); Derek; Phoebe, Tina.

Matt and Nancy, newly baptized, and their (Holy Trinity, Wexford).

DEPARTED: Viorica; Bishop Antoun; Vito (DiPento); Dorothy (Fr Roeber's mother); Jim and Marion (Raimondi); Stephanie (Yazge); Job; George (Georgiades).

OUR JOURNEY TO PASCHA! 2018

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS		THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week JANUARY 28th		<i>TRIODION WEEKS</i> Publican and the Pharisee Reading: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14	Trust in God, not yourself! Ask for His help before every task this week!
Normal Fast Week FEBRUARY 4th		The Prodigal Son Returns! Reading: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32	Schedule a Confession. Use up/freeze meats this week.
Meatfare FEBRUARY 11th FAREWELL TO MEAT TODAY		The Last Judgment Reading: 1 Corinthians 8: 8-9: 2 Gospel: Matthew 25: 31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare FEBRUARY 18th FAREWELL TO CHEESE TODAY		Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Reading: Romans 13: 11-14:4 Gospel: Matthew 6: 14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent FEBRUARY 25th		<i>GREAT FAST BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Reading: Hebrews 11: 24-26, 32-12:2 Gospel: John 1: 43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 4th		ST GREGORY PALAMAS Reading: Hebrews 1:10-2:3 Gospel: Mark 2: 1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 11th		VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHAI</i> Reading: Hebrews 4: 14-5: 6 Gospel: Mark 8:34-9: 1	Wear your cross to church and kiss the cross each morning with a bowl!
4th Sunday of Lent MARCH 18th		ST JOHN of the LADDER Reading: Hebrews: 6:13-20 Gospel: Mark 9: 17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent MARCH 25th		ST MARY of EGYPT Reading: Hebrews 9: 11-14 & Heb 2:11-18 Gospel: Mark 10: 32-45 & LK 1:24-38	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! April 1st GREAT WEEK BEGINS		<i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Reading: Philippians 4: 4-9 Gospel: John 12: 1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 6th		GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet, & Phones to honor Christ's Death.
FEAST OF FEASTS! APRIL 8th NO FASTING!		<i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1: 1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!